


Appendix S  
Daily Schedule\*

<i>Arrival</i>	
<i>Breakfast</i>	
<i>Free Play</i>	
<i>Groups</i>	
<i>Choice Time</i>	
<i>Outdoor Play</i>	
<i>Read Aloud</i>	
<i>Lunch</i>	
<i>Naptime</i>	
<i>Afternoon Snack</i>	
<i>Outdoor Play</i>	
<i>Home</i>	

\*Adapted from Virtual Lab School, Ohio State University (<https://www.virtuallabschool.org/fcc/healthy-environments/lesson-2>).